

2025

JUNE

PINES LAKE SWIM TEAM SCHEDULE

PRACTICE HOURS:

All swimmers: 4-5pm

Regular Practice Schedule:  
10/U: 10am-11am  
11/+: 11am-12pm

2025 Meet Schedule:  
5:15 Arrival  
5:30pm Warm-up

6/25: Home vs. Pequannock  
6/30: @ Lake Valhalla  
7/7: @ Smoke Rise  
7/14: @ Lincoln Park  
7/21: Home vs. Wayne

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04	05	06	07
08	09 FIRST DAY OF PRACTICE Parent Meeting/Suit Fitting 5:30pm in Pavilion	10	11	12	13	14
15	16	17	18 Time Trials During Practice (Ba/Fr)	19 Time Trials During Practice (Br/Fly)	20	21
22	23	24	25 No Practice - First Meet HOME vs. Pequannock	26 First Day of Regular Schedule	27	28
29	30 Away vs. Lake Valhalla					

2025

JULY

PINES LAKE SWIM TEAM SCHEDULE

PRACTICE HOURS:

All swimmers: 4-5pm

Regular Practice Schedule:

10/U: 10am-11am  
11/+: 11am-12pm

2025 Meet Schedule:

5:15 Arrival  
5:30pm Warm-up

6/25: Home vs. Pequannock  
6/30: @ Lake Valhalla  
7/7: @ Smoke Rise  
7/14: @ Lincoln Park  
7/21: Home vs. Wayne

SUN	MON	TUE	WED	THU	FRI	SAT
		01	02	03	04 NO PRACTICE - Holiday	05
06	07 Away vs. Smoke Rise	08	09	10	11	12
13	14 Away vs. Lincoln Park	15	16	17	18	19
20	21 Home vs. Wayne	22	23	24	25	26
27	28	29	30	31		

2025

AUGUST

PINES LAKE SWIM TEAM SCHEDULE

PRACTICE HOURS:

All swimmers: 4-5pm

Regular Practice Schedule:

10/U: 10am-11am  
11/+: 11am-12pm

2025 Meet Schedule:

5:15 Arrival  
5:30pm Warm-up

6/25: Home vs. Pequannock  
6/30: @ Lake Valhalla  
7/7: @ Smoke Rise  
7/14: @ Lincoln Park  
7/21: Home vs. Wayne

SUN	MON	TUE	WED	THU	FRI	SAT
					01 CHAMPIONSHIP Details TBD	02
03	04 Fun Week!	05 Fun Week!	06 Fun Week!	07 Fun Week!	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	20
31						